

The CHRISTMAS EDITION

of

The WINCHESTER NEWS,



To be Published Tuesday, December 15th will be a Record Breaker for Winchester. The Biggest and Most Attractive Christmas Edition ever Issued from a Winchester Newspaper Office.

Some of the BEST CHRISTMAS STORY WRITERS will appear in its columns.

It will be PROFUSELY ILLUSTRATED with Pictures appropriate to the Season.

CHILDREN'S STORIES and CHRISTMAS POEMS will be a marked feature.

To the Advertiser:

The Well Read Paper is Always the Valuable Medium.

The News' Christmas Features leave no doubt that this edition will be looked forward to with keen interest and read with closest attention by every member of the 1700 families to whom it is a regular visitor.

It is sure to have a considerable extra circulation. It will be the shopping guide for the busiest days of the holiday trade.

The Wise Advertiser Will Not Overlook This Exceptional Opportunity.

THE WINCHESTER NEWS COMPANY. INCORPORATED

Let 'Em Smoke

Women Benefit by Moderate Use of Tobacco

By DR. RACHEL SKIDELSKY,
Noted Philadelphia Physician.



I feel sure that tobacco, if pure and properly used, might be beneficial to women. It is known to be valuable in functional disorders of the nerves. As men find it valuable to soothe their nerves in the midst of cares and worries, I do not see why women, whose worries are more numerous and whose nervous organizations are more delicate, should not find benefit in its proper use also.

I think that if a woman would sit down for five minutes before beginning her day and give the time to a cigarette she would be able to plan better her day's work. And five minutes thus used three times daily would, I think, be of much benefit to her.

Of course, I recommend the practice only to such as are in no danger of becoming addicted to the more extended use of cigarettes. It would depend upon how and where it was done. Were a woman to use a cigarette with the same feeling that she uses other medicine all would be well, otherwise it would be distasteful.

I would not sanction at all a woman smoking a cigarette in public or for bravado merely. With men and women alike, tobacco, like any other sedative, can become a violent poison when used to excess. It is this knowledge which keeps physicians generally from advising the use of tobacco for their women patients.

Aside from its value as a sedative, tobacco smoke has been praised by men who have made a study of its effects as a valuable disinfectant for the nasal and respiratory tracts. Hay smoke has the same effect in destroying germs which may lodge there. Inhalation, I think, always would have ill effects.

I speak from the general knowledge which every physician possesses. One prominent member of the Philadelphia County Medical society gave this knowledge as the reason why, in certain nervous disorders, he advised his patients to smoke good tobacco in moderation. I am afraid, however, that many of them would not be so frank as I am, in view of the widely spread prejudice among certain people against tobacco in any form. As a nerve sedative I regard tobacco as valuable alike to men and women. As to the manner and conditions and extent of its use—that is another matter entirely.

For ages men have found relief from petty worries, rest for worn nerves and general physical benefit in the moderate use of tobacco. We should probably hear less of the loudly proclaimed nervousness of the American woman were she to devote five minutes three times a day to a cigarette or two, preferably after meals.

The smoking habit would be as difficult to stop as the breathing habit. Ireland's Mineral Wealth. Gold, silver and lead mines are, it is said, to be worked extensively in the bleak district of Innishowen, County of Donegal, Ireland, overlooking the Atlantic.

LOOKING BACKWARD.

Wives of Money Monarchs Live More Luxuriously Than Queens.

"Believe me," said the woman who thinks, "I'm a little weary of rhapsodies over the supposedly superior intelligence of the women of bygone days. Why don't those so generous of praise give modern women a chance? It is a sort of mental fashion to assume that George Eliot and George Sand and Lady Mary Wortley Montagu and Lady Blessington and others like them were peculiar to themselves and their periods; that no woman of today can hold a candle to them in any particular. I wonder if that's true. Seems to me there are dozens of women in America alone who are every bit as clever as those heroines of the past. Lady Montagu wrote delightful letters, but the art of correspondence has not passed from earth, and surely the cultured woman of today can be as sprightly. As for novelists and essayists, they flourish in abundance in this enlightened age. And when it comes to social knowledge almost any up to date hostess is far ahead of those of yore. Picture the wife of a twentieth century millionaire obliged to live as queens did in days long gone, and not so very long gone at that! Queen Caroline and Queen Anne and Queen Henrietta of England had a sad time of it when one compares their lot with that of today's rich women. Marie Antoinette had no such luxuries as thousands of wealthy matrons enjoy. Her best state carriage was a lumbering affair swung on great straps, that rumbled over stones rougher than the rocky road to Dublin. If she had known the solid comfort of a really fine touring car she would have been much happier doubtless. The state barge in which she was rowed laboriously along the Seine would seem a mere scow alongside the swift motor boat in which Mme. Millionaire dashes about in these days of useful inventions. Perhaps the society woman of today sighs for royalty, but if she had to have it in the days when royalty was real she wouldn't like it half as much as being the wife of a money monarch."

MEDICINE THAT IS MEDICINE.

"I have suffered a good deal with malaria and stomach complaints, but I have now found a remedy that keeps me well, and that remedy is Electric Bitters; a medicine that is medicine for stomach and liver troubles, and for run down conditions," says W. C. Kiestler, of Hallidav, Ark. Electric Bitters purify and enrich the blood, tone up the nerves, and impart vigor and energy to the weak. Your money will be refunded if it fails to help you. 50c at Phillips Drug store.

LOOK HERE!

WE are neither going out of business nor do we contemplate any changes. We are on the corner to sell you Reliable Merchandise at Honest Prices **all the time.**

By reason of having purchased a large quantity of

17 Quart Dish Pans

we have placed them in our show window and will sell them while they last for the phenomenal price of

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They are a beautiful Gray color with Three Coats of Enamel and are the kind you usually pay 75c to \$1.00 for.

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File your telegrams with "THE POSTAL," destined to Cincinnati, O., as we have a direct wire to this point. Try us once and I am sure our quick service and politeness will bring you back.

"The quickest service can only be had by direct wires."

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Yours respectfully,
L. M. BUTSCH.
Manager.

The Deep Things of Life.

The hymn line: "Cast your deadly doing down" was long ago discredited and laughed out of court. Nevertheless, one who pins faith to ceaseless activities, even of philanthropy and reform, who is contemptuous of poetry, philosophy and religion, who forgets to draw from the perennial wells of courage and inspiration, will sooner or later walk in a barren land of petty interests, unable to discover the springs of refreshment.

You Cannot Answer These Questions!

1—Why do you continue bathing your knees and elbows one at a time, when you can stretch out in a full bath tempered to suit you, and can do so every morning if you wish?
2—Why pump and carry water for your kitchen and laundry work when you can have it at hand for the turning of a faucet?
3—Why take chances on drinking germ-filled cistern water when you can get it from a large reservoir filtered through the best filter plant South of the Ohio River?

4—Why have a dry, dismal-looking yard when you can have it filled with green grass and blooming flowers, and can at the same time get rid of the dust in the street?

5—Why suffer other inconveniences when you can have everything for the comfort and health of your family right in the house?

6—Is it not true that the answer is not "lack of money," but lack of economy and enterprise and indifference to getting the most out of life?

C. F. ATTERSALL, Superintendent

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